

Service Period ✓ Checked	<b>NOTE: THIS SERVICE CHECK IS BEST TO BE PERFORMED BY A TRADESPERSON</b> Eg: Mechanic, engineer, builder, etc If you don't understand an instruction, please contact Pilatesequip™ for a clarification		Document Date: 1/7/19. Every year, check for new service document updates at <a href="http://www.pilatesequip.com/instructions">www.pilatesequip.com/instructions</a>
			Document number: TRAP 01072019
	<b>TRAPEZE TABLE (use for Pilatesequip™ equipment only)</b>		Daily
			Weekly
		Monthly	
		Quarterly	
<b>Push Through Bar</b>		<b>How to fix</b>	
1	Q	Check that the Push Through Bar/Swing Bar is not bent or twisted	Bend/twist Push Through Bar back into shape
2	Q	Check the 2x eye nuts on the Push Through bar are tight	Tighten bolts, re-apply Loctite
3	Q	Push Through Bar adjustments are working and the pin is aligned. By pulling the Black Knobs or Rings, slide the Sliding Pivot Unit to each height adjustment hole and see that the Black Knobs or Rings returns into each hole.	If a Black Knob or Ring doesn't go back into hole, find out which way the upright needs to be turned by rotating the Sliding Pivot Unit, until the pin drops. Loosen the bottom and top grub screws on the problem upright so that said upright can rotate. By hand, carefully rotate the upright a small amount in the direction it needs to go and then lightly tighten grub screws. Test the black knobs again. When corrected, tighten the grub screws.
<b>Push Through Bar - Pull Ring Adjustment Version</b>			
4	Q	Check that the Ring on the Push Through Bar adjustment are not damaged	BE CAREFUL. Pull ring and lower Push Through Bar so the Pin isn't located in the hole. Replace ring
5	W	Check that the rings on the Push Through Bar adjustment, are not coming off	BE CAREFUL. Turn the ring in the direction that the ring is on the pin, not coming off the pin.
<b>Push Through Bar - Black Indexing Pin Adjustment Version</b>			
6	W	Check that the Indexing Pins on the Push Through Bar adjustment are returning back into the adjustment holes	Replace Indexing Pin
7	W	Check that the Indexing Pins on the Vertical Slide Bar adjustment are returning back into the adjustment holes	Replace Indexing Pin
<b>Metal Frame</b>			
8	Q	Check Knobs on Slide Bars work and that the threads aren't stripped	Replace
9	Q	Check the 16x grub screws on upright brackets are tight	Tighten
10	Q	All 12x grub screws on the 3 way corners are tight	Tighten
<b>Eyebolts for Springs</b>			
11	Q	Check that all eyebolts on the metal framework are tight	Tighten
12	Q	Check that all eyebolts aren't bent or damaged	Replace
13	Q	Check the 2 eyebolts under vinyl flap are tight	Tighten
<b>Springs</b>			
14	W	Check all springs by slightly stretching the spring from the spring's loops or clips at the end of the spring, until the coils just start to open. If a small section of the spring barrel separates while the rest of the coils remain close, the spring is faulty. Also look for obvious bend/kinks in the spring's barrel. Make sure that spring's loops haven't travelled up the spring's coned coils	If any springs show these issues, replace spring
15	W	Check all spring clip arms are closing properly	Replace
16	Q	Check age of springs. It's recommended to replace Trapeze Springs that are older than 4 years	Replace springs
<b>Upholstery</b>			
17	D	Clean all vinyl upholstery daily, as a minimum. Use a mixture of water and some ordinary mild "Sunlight Pure Soap", cut into little flakes and placed in a spray bottle. Clean with a towel, cloth or paper towel. NOTE: Don't use other products such as chemicals, bleach, tea tree or eucalyptus oils, alcohol wipes or methylated spirits, or detergents- as they deteriorate vinyl. Human sweat also causes vinyl deterioration. The vinyl has an antibacterial coating and doesn't need harsh cleaners.	See equipment instructions
18	Q	Check Bed upholstery for damage	Recover - Call local upholsterer
<b>Straps</b>			
19	W	Check Safety Strap sewing isn't coming undone	Replace
20	W	Check Safety Strap Clip's gate works.	Replace
21	Q	Check Belly Strap Clip	Replace
22	Q	Check Hand Straps that sewing isn't coming undone	Replace
<b>Timber Frame</b>			
23	Q	Check timber frame structure has no cracks	Contact Pilatesequip™ with photos